



Urological Associates, P.C.

of the Iowa and Illinois Quad-Cities Region

Phone: 563-359-1641

Circumcision – Plastibell®

Per-Procedure Instructions:

- Please withhold any feedings (breast milk, formula) two hours prior to appointment time.
- Bring a clean diaper.
- If appropriate, pacifier.

What to expect at the office:

- The procedure takes about 30 minutes.
- You will not be allowed to accompany your son into the procedure room. You will be able to wait in the waiting room though.

Post-Procedure Instructions:

- Your son will leave with a Plastibell ring around the head of his penis. This will fall off on its own. It can take one to seven days for this to occur.
 - If it hasn't fallen off by day 7, please call the office.
- It is normal for the healing process to appear like a skinned knee – moist, red or yellow coating (granulation tissue) around the head of the penis.
- Some swelling is expected as well.
- Only sponge bath your son until the Plastibell has fallen off and the granulation tissue is gone.
 - Please clean his penis with a warm wash cloth.
 - Avoid baby wipes on his penis until healed. Baby wipes are okay for buttocks and scrotum.
- It is okay to apply a thin layer of petroleum jelly (Vaseline®) to the diaper where it comes into contact with your son's penis to prevent it from sticking.
 - Please do not put anything on your son's penis, as this can slow healing.
- If your son is fussy afterward, we recommend Infant's Acetaminophen (Tylenol®). Please follow your son's Pediatrician's instructions for dosing.
 - If you need to give him a dose more than twice, please call our office.

Follow-up in the office 2 weeks after the procedure.

Call the office:

- Fever over 101F.
- Active bleeding – dripping – or if spotting of blood on the diaper is not decreasing or gets heavier.
- Your son continues to be irritable 24 hours after the procedure.
- If the Plastibell ring slips down the shaft and seems to be squeezing it.
- The Plastibell hasn't fallen off in 7 days.

Please call with any questions or concerns.

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