



Urological Associates, P.C.

of the Iowa and Illinois Quad-Cities Region

Urodynamic Testing

Please stop taking any of these medications 1 week (7 days) prior to your Urodynamics appointment.

- Vesicare (solifenacin)
- Toviaz (fesoterodine)
- Myrbetriq (mirabegron)
- Oxybutynin (oxytrol, gelnique, ditropan XL)
- Gemtesa (vibegron)
- Detrol LA (tolterodine)
- Sanctura (trospium)
- Enablex (darifenacin)

DO NOT stop taking prostate medications.

Prior to testing: Please drink a normal amount of fluids prior to your appointment and come with a full bladder, not painfully full. We will be asking you to give us a urine specimen as part of the test. If you have a catheter in place this does not apply to you.

The process: You will be asked to urinate into a special container placed under a funnel attached to equipment that records your urine flow over time.

A catheter will be inserted through the urethra into the bladder. Through this catheter, your bladder will be filled with sterile water. A second catheter will be placed in your rectum to provide additional data. You'll be asked to report any sensations you feel and if they are similar to ones you've felt at home.

You may be asked to cough, bear down or stand during the test to cause leakage if this is a symptom that you experience at home.

You will be asked to urinate with both the urethra and rectal catheter in place into a funnel attached to special equipment.

Getting your results: Test results may be available immediately after the study is finished, or you may be asked to return to the office in a few days. After reviewing the results, your doctor will talk with you about the study report and your treatment options.

Appointment policy: An appointment for Urodynamics involves reservation of specialized equipment, allocation of extended staff time, and patient specific preparation for the study often several days in advance. As a result, when a patient does not arrive for a scheduled Urodynamics appointment, it is difficult to reallocate the staff and equipment to another patient on short notice.

Thus, it is requested that we are notified of cancellations or reschedule requests for Urodynamics appointments at least 48 hours in advance of the appointment. This will allow us to offer the appointment slot to another patient in need.

Failure to provide notice of cancellation or to reschedule will result in \$100 fee assessed to your account. This fee is typically not covered by insurance and will be your responsibility. Urodynamics appointments may not be rescheduled until the fee is paid.

We appreciate your understanding and cooperation with this policy.

If you have any questions regarding testing or the appointment policy, please call the office at 563-359-1641