

# Instructions Following Cystoscopy

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## What can I expect after a cystoscopy?

After the procedure it is normal to experience the following symptoms:

- **Blood in the urine:** It is normal to have slightly red tinged urine. This can appear bright pink in your urine, or you may see it on the toilet tissue. This may last for a day or two.
- **Frequent urination:** This will improve over the first 24-48 hours.
- **Burning during urination:** This will improve over the first 24 hours.

## How should I care for myself after the biopsy?

- Drink plenty of fluids. Flushing out your bladder can reduce irritation. Try to drink 16 ounces of water each hour for the first two hours after the procedure.

## When should I call my doctor?

Call the clinic (563-359-1641) if you have any of the following symptoms:

- Fever of 101 degrees or greater.
- Difficulty urinating
- Urinary frequency
- Burning while urinating that lasts more than a day or two after your procedure.