



Urological Associates, P.C.

of the Iowa and Illinois Quad-Cities Region

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Botox Instructions

You have been scheduled for Botox injections. The date of your procedure is: _____.

While Botox is a very effective treatment, it like all other procedures carries a risk of infection. To help prevent a bladder infection, your provider has sent in a prescription for a prophylactic antibiotic. **Three** calendar days prior to your appointment, start taking the antibiotic, until it is finished. In all, you will take an antibiotic for seven days – three days prior to appointment, day of your appointment, and three days after your appointment. If you don't begin your antibiotic three days prior to your procedure, your Botox injections will be cancelled and rescheduled based on provider availability.

If you are on any of the following medications, stop taking it **seven** days prior to your procedure.

Solifenacin (VESicare), Darifenacin (Enablex), Toviaz, Trospium (Sanctura), Tolterodine (Detrol LA), Oxytrol, Gelnique, Ditropan XL, Oxybutynin, Myrbetriq

Please inform the office of any blood thinners you are taking. These will need to be stopped at the direction of this office. If you take Aspirin 81mg (baby aspirin), you do not need to stop.

Lastly, please come to the office with a full bladder, but not painfully full. We will need a urine sample prior to your procedure.

Checklist:

- Antibiotic:
 - Picked up from pharmacy: __
 - Start taking **three** days prior to procedure: __
- **Seven** days prior to procedure, stop any medication for your bladder symptoms (see above): __
- Blood thinners stopped at the direction of this office (remember: Aspirin 81mg okay): __
- Full bladder: __

Please call the office with any questions or concerns!